

THALGO

LA BEAUTÉ MARINE



Training Guide ■ Skin Solutions



COLD CREAM
MARINE



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Concept

■ Cold Cream Marine

Who is it for?

Anyone with dry to very dry and/or sensitive skin experiencing recurrent feelings of discomfort, tightness and even redness.

What's happening in the skin?

Dry skin and sensitive skin have a damaged protective barrier:

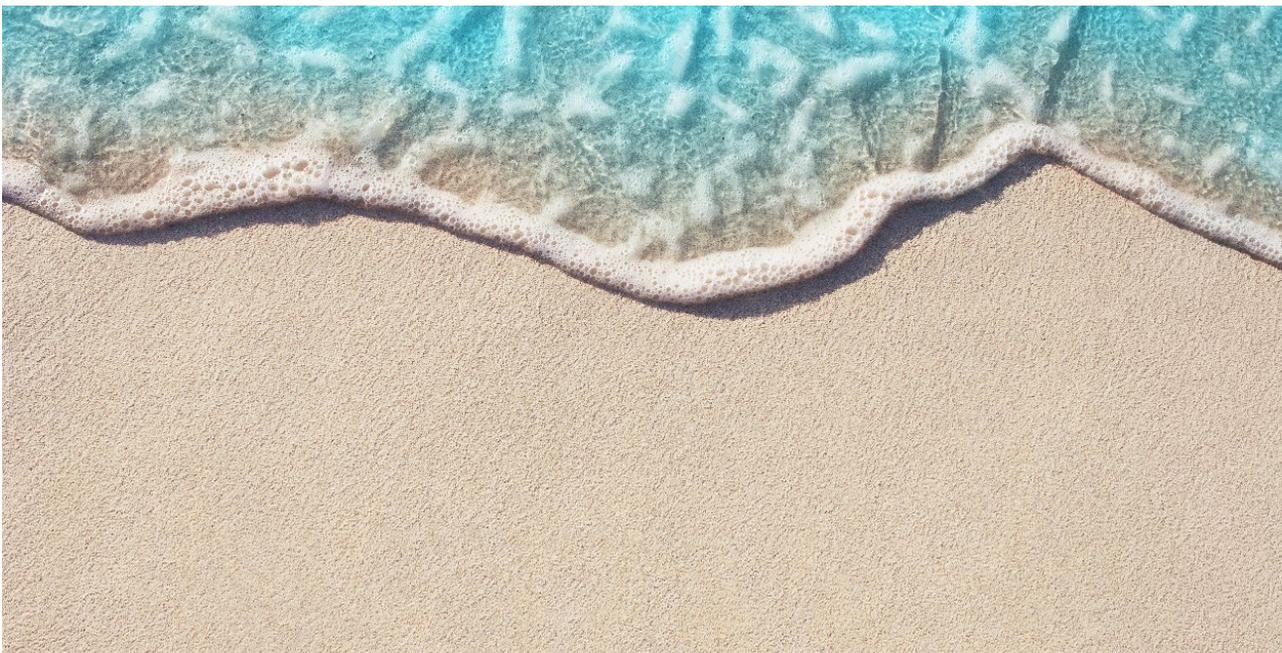
- Deterioration of the surface's hydrolipidic film and intercellular lipid cement
>>> creating skin dryness: the skin dries out, tightens and lacks suppleness.

It has a dull appearance and a rough feel.

- Penetration by potentially irritating external agents
>>> The skin loses its ability to protect itself effectively. It is more permeable and fragile, and causes burning sensations and localised redness.

The Solution

1st Cold Cream Marine range,
a unique THALGO recipe, which effectively repairs,
soothes and replenishes lipids in dry and/or sensitive skin,
providing long-lasting comfort.



Innovation

Cold Cream Marine:

Otherwise known as Galen's Wax, this recipe contains 4 ingredients:
Bee's wax / Rose water / Sweet almond oil / Sodium borate

■ Hero active ingredients



SÈVE BLEUE FROM THE OCEANS

ORIGIN

This beauty water is drawn from deep in the heart of the oceans. 14 times higher in Silicon, 12 times higher Manganese concentrations and 8 times more Zinc than in seawater.

ACTIONS

- Remineralises
- Increases the skin's resistance and prevents water loss by stimulating the synthesis of epidermal lipids



100% MARINE ALGAE OIL

ORIGIN

Sourced from a phytoplankton microalgae that contains a high concentration (up to 30%) of EPA-type Omega-3 fatty acids, the rarest and most complex essential fatty acids to be synthesised by the organism. The marine-sourced product has been revealed to have an exceptional affinity with the skin as well as unparalleled bio-assimilation potential.

ACTIONS

- Replenish lipids



MARINE WAX

ORIGIN

Complex of an extract of brown macroalgae *Laminaria ochroleuca* and protective olive wax

ACTIONS

- Soothe

■ Fragrance

A sweet and enveloping scent of white flowers

Top: Cotton

Middle: Blossom Flavour

Base: Heliotrope flowers & White musk



Professional Products

Aquatic Essence:

The THALGO's signature olfactory aromatic complex with essential oils.



FOR

SALONS:
KT15046 – 100 ml

OLFACTORY PYRAMID	RESULTS	DIRECTIONS FOR USE
<ul style="list-style-type: none"> ▪ Top: Grapefruit ▪ Middle: Marine algae ▪ Base: Musk 	<ul style="list-style-type: none"> ▪ Warm scented oshiboris ▪ Gentle rinsing ▪ Finishing touch for the cleansing ritual 	<ul style="list-style-type: none"> ▪ SALONS: Dilute 1 ml of Aquatic Essence in 1 L of water. Mix and soak the oshiboris in the solution. Wring them out, roll them up, then place them in the Hot Cabi



FOR

SALONS:
KT15014 – 150 ml

Oligo-Marine Massage Cream:

Remineralising massage cream with Sève Bleue des Océans, offering a unique texture for a long and relaxing massage.

ACTIVE INGREDIENTS	RESULTS	DIRECTIONS FOR USE
<ul style="list-style-type: none"> ▪ Sève Bleue des Océans ▪ Macadamia nut oil ▪ Raspberry seed oil 	<ul style="list-style-type: none"> ▪ Skin remineralised ▪ Replenished skin ▪ Relaxed client 	<ul style="list-style-type: none"> ▪ SALONS: Take 4 ml and use for 10 minutes of massage



FOR

SALONS:
KT15015 – 12 treatments

Marine Infusion Mask:

A professional marine mask with Sève Bleue des Océans and alginates that have high concentrations of minerals and trace elements present in the active ingredients of each range.

ACTIVE INGREDIENTS	RESULTS	DIRECTIONS FOR USE
<ul style="list-style-type: none"> ▪ Sève Bleue des Océans ▪ Alginate 	<ul style="list-style-type: none"> ▪ Soft, fresh and replenished skin 	<ul style="list-style-type: none"> ▪ SALONS: Mix 110 ml of cold water + 1 mini-bottle of Oligo-Mineral Lotion with the mask. Apply a moderate layer of this over the cream mask then leave on for 15 min



Professional and Retail Products



FOR

RETAIL:
VT15045 – 125 ml

SALONS:
KT15039 – 250 ml

Express Make-up Remover:

Bi-phase lotion for eyes and lips, with Sève Bleue des Océans, which removes all make-up in one step, even waterproof make-up. Fragrance-free.

ACTIVE INGREDIENTS	RESULTS (1)	DIRECTIONS FOR USE
<ul style="list-style-type: none"> Sève Bleue des Océans Provitamin B5 	<ul style="list-style-type: none"> Perfect cleansing of eyes and lips No eye watering or stinging sensation Suitable for sensitive skin 	<ul style="list-style-type: none"> RETAIL / SALONS: Shake well before use, then apply 1 ml to cotton pads.



FOR

RETAIL:
VT18024 – 125 ml

SALONS:
KT18025 – 150 ml

Make-up Removing Cleansing Gel Oil:

Waterproof make-up removal oil for face and eyes, for cleansing without drying out normal to dry skin.

ACTIVE INGREDIENTS	RESULTS(2)	DIRECTIONS FOR USE
<ul style="list-style-type: none"> Sève Bleue des Océans Plant oil trio Lipodispersible technology 	<ul style="list-style-type: none"> Face & eye make-up removing efficacy: 100% Removes all types of make-up, even waterproof and long-lasting: 100% Softer and comfortable skin: 100% 	<ul style="list-style-type: none"> RETAIL / SALONS: Work 2 ml until dry then emulsify with water and rinse thoroughly



FOR

RETAIL:
VT15051 – 50 ml

SALONS:
KT15044 – 150 ml

Gentle Exfoliator:

Rich, melting cream that offers both mechanical and chemical exfoliation, to brighten dry and delicate skin.

ACTIVE INGREDIENTS	RESULTS	DIRECTIONS FOR USE
<ul style="list-style-type: none"> Sève Bleue des Océans Joboba oil microspheres Phytic acid from rice 	<ul style="list-style-type: none"> Skin softened and brightened 	<ul style="list-style-type: none"> SALONS: Apply 2 ml, leave on for 2 to 3 minutes. Massage dry then with water



(1) Usage test under dermatological and ophthalmological control, conducted on 17 volunteers who had used the Express Make-up Remover for 14 days

(2) Clinical study under dermatological and ophthalmological control carried out on 16 female users of waterproof make-up with normal to dry skin and 50% of whom declared they had sensitive skin. Self-assessment of the product by volunteers after 14 days of twice-daily use (% of volunteers who agree and mostly agree with the claim)



Reviving Marine Mist:

An indispensable beauty mist to offer skin the moisturising and revitalising benefits of seawater on a daily basis.

ACTIVE INGREDIENTS

- Sève Bleue des Océans
- 27 poly-revitalising nutrients

RESULTS (1)

- Skin revitalised: 88%
- Soft and hydrated skin: 94%
- Fresher complexion: 100%

DIRECTIONS FOR USE

- RETAIL / SALONS: No need to shake. Spray 1 ml on the face

FOR

RETAIL:
VT15053 – 150 ml

SALONS:
KT15045 – 250 ml



Multi-Soothing Concentrate:

This 7-day treatment, which controls excessive release of stress messengers and increases the tolerance threshold of sensitive skin.



ACTIVE INGREDIENTS

- Sève Bleue des Océans
- Allantoin
- Witch hazel extract
- Biomimetic lipopeptide

RESULTS

- Visible redness correction in 7 days(2)
- 40% reduction* in the amount and intensity of facial redness

DIRECTIONS FOR USE

- RETAIL: One half-dose morning and evening (1 vial – 2 applications)
- SALONS: 1 vial

FOR

RETAIL:
VT15008 –
7x1.2 ml

SALONS:
KT15008 –
12x1.2 ml



Deeply Nourishing Mask:

This 'lipid plaster' is enriched with micro-encapsulated Borage oil to repair dry skin in only 10 minutes.



ACTIVE INGREDIENTS

- Cold Cream Marine
- Microencapsulated borage oil
- Organic white lupin

RESULTS

- Intensely nourished skin(3): 100%
- Feelings of tightness(4) and itchiness(5) are reduced: 100%
- Rough(6) and flaky(5) patches less visible: 93%

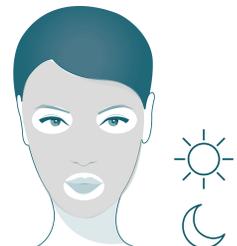
DIRECTIONS FOR USE

- RETAIL: Leave on for 10min. 2 times per week
- SALONS: Apply 5 ml then leave on for 15 min, covering with the Marine Infusion Mask

FOR

RETAIL:
VT15009 – 50 ml

SALONS:
KT15009 – 150 ml



(1) Usage test under dermatological and ophthalmological control, conducted on 17 volunteers who had used the Mist for 21 days – self-evaluation (% of volunteers who agree and mostly agree with the claim)
 (2) Scoring dermatologique du nombre/intensité des rougeurs au niveau du visage sur 21 volontaires après 7 jours d'utilisation en association avec la Crème Nutri-Apaisante
 (3) Self-assessment 10 minutes after application by 21 volunteers who had been using the Deeply Nourishing Mask twice daily for 21 days. (% of volunteers who agree and mostly agree with the claim)
 (4) Self-assessment 10 minutes after application by 19 volunteers who had been using the Deeply Nourishing Mask twice daily for 21 days. (% of volunteers who agree and mostly agree with the claim)
 (5) Self-assessment 10 minutes after application by 15 volunteers who had been using the Deeply Nourishing Mask twice daily for 21 days. (% of volunteers who agree and mostly agree with the claim)
 (6) Self-assessment 10 minutes after application by 14 volunteers who had been using the Deeply Nourishing Mask twice daily for 21 days. (% of volunteers who agree and mostly agree with the claim)



SOS Soothing Mask:

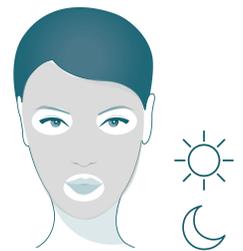
This mask for dry skin combines three 'anti-discomfort' active ingredients to reduce sensations of hypersensitivity and strengthen the skin's resistance to attacks, in 10 minutes.

ACTIVE INGREDIENTS	RESULTS	DIRECTIONS FOR USE
<ul style="list-style-type: none"> ▪ Cold Cream Marine ▪ Sichuan pepper extract ▪ Aloe 	<ul style="list-style-type: none"> ▪ Instantly refreshes: 100%⁽¹⁾ soothes ▪ Immediately irritations: 100%⁽²⁾ 	<ul style="list-style-type: none"> ▪ RETAIL: Leave on for 10min. 2 times per week ▪ SALONS: Apply 5 ml then leave on for 15 min, covering with the Marine Infusion Mask

FOR

RETAIL:
VT17029 – 50 ml

SALONS:
KT17034 – 150 ml



Nutri-Soothing Cream:

This lush cream, enriched with Cold Cream Marine, offers 24h guaranteed comfort, replenishing lipids, repairing and soothing dry and sensitive skin.

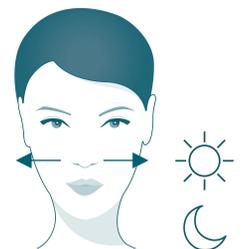


ACTIVE INGREDIENTS	RESULTS	DIRECTIONS FOR USE
<ul style="list-style-type: none"> ▪ Cold Cream Marine ▪ Organic white lupin ▪ Witch Hazel 	<ul style="list-style-type: none"> ▪ Provides 24h of comfort⁽³⁾ ▪ 100% satisfaction: Skin is replenished⁽⁴⁾ + soothed⁽⁵⁾ 	<ul style="list-style-type: none"> ▪ RETAIL / SALONS: Apply 1 ml to the face and neck

FOR

RETAIL:
VT15006 – 50 ml

SALONS:
KT15006 – 150 ml



- (1) Clinical study under dermatological control, conducted on 22 volunteers with sensitive facial skin, who had been using the SOS Soothing Mask three times a week for three weeks. Self-assessment of efficacy by 22 volunteers immediately on application of the mask.
- (2) Clinical study under dermatological control, conducted on 22 volunteers with sensitive facial skin, who had been using the SOS Soothing Mask three times a week for three weeks. Self-assessment of efficacy by 22 volunteers after first use of the mask.
- (3) Clinical studies under dermatological control carried out on volunteers with dry and sensitive skin. Self-assessment after 24 hours by a panel of 20 volunteers.
- (4) Clinical studies under dermatological control carried out on volunteers with dry and sensitive skin. Efficacy test conducted on 10 volunteers. Average score after 24 hours: +11.3%.
- (5) Clinical studies under dermatological control carried out on volunteers with dry and sensitive skin. Self-assessment after 24 hours by a panel of 20 volunteers.

Retail Products

Nutri-Soothing Rich Cream:

This luxurious cream, enriched with Cold Cream Marine, offers 24h guaranteed comfort, replenishing lipids, repairing and soothing dry and sensitive skin.

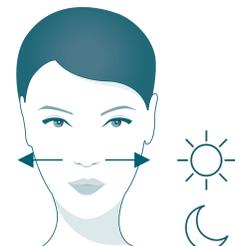


ACTIVE INGREDIENTS	RESULTS	DIRECTIONS FOR USE
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- Cold Cream Marine
- Organic white lupin
- Witch Hazel
- Wheat germ oil

- Provides 24h of comfort⁽¹⁾
- 100% repair: feelings of tightness + tingling sensations⁽²⁾ + irritations⁽³⁾ + rough patches⁽⁴⁾ + itchiness⁽⁵⁾

- RETAIL / SALONS: Apply 1 ml to the face and neck



FOR

RETAIL:
VT15007 – 50 ml

(1) Clinical studies under dermatological control carried out on volunteers with dry and sensitive skin. Self-assessment after 24 hours by a panel of 21 volunteers.
 (2) Clinical studies under dermatological control carried out on volunteers with dry and sensitive skin. Self-assessment after 24 hours of use by a panel of 21 volunteers
 (3) Clinical studies under dermatological control carried out on volunteers with dry and sensitive skin. Self-assessment after 28 days of use by a panel of 21 volunteers
 (4) Clinical studies under dermatological control carried out on volunteers with dry and sensitive skin. Self-assessment after 28 days of use by a panel of 18 volunteers
 (5) Clinical studies under dermatological control carried out on volunteers with dry and sensitive skin. Self-assessment after 28 days of use by a panel of 19 volunteers

Preparation for the treatment

- To facilitate the flow of your protocol, we recommend that you prepare before your treatment:

- **Your treatment room ambiance:**

An inviting treatment room, inspiring peace and relaxation
Select music that will be suitable for the treatment

- **Your THALGO tray with:**

- 1 Multi-Soothing Concentrate
- + 1 small bowl with 2 ml of Make-up Removing Cleansing Gel-Oil
- + 1 small bowl with 2 ml of Gentle Exfoliator
- + 1 small bowl with 1 ml of Nutri-Soothing Cream
- + 1 small bowl with 5 ml of Deeply Nourishing Mask (for dry skin) or SOS Soothing Mask (for sensitive skin)

- **Your work area with:**

Reviving Marine Mist
Express Make-up Remover
Marine Infusion Mask

- **Your hot cabi with:**

- 3 oshiboris moistened with Aquatic Essence (used to rinse off the Gentle Cleansing Milk, the Gentle Exfoliator and the Deeply Nourishing Mask)
- + 1 small bowl with 4 ml of Oligo-Marine Massage Cream

Remember to find out about your client's previous purchases and treatments by checking your customer file.

All this information will allow you to tailor your discussion to give it impact, and make it relevant and personalised, but also to best coach your customer.

Cold Cream Marine Nourishing Treatment

Cold Cream Marine Comforting Treatment

55 min

Prepare the oshiboris before the treatment, by soaking them in **Aquatic Essence** (1ml), warm them in the Hot Cabi and prepare the cleansing products.

15 min

1. IMMERSE

Reviving Marine Mist (1 ml)

- Éveil à la Mer massage – see technical note

Express Make-up Remover (1 ml)

- Cleansing of eyes & lips

Make-up Removing Cleansing Gel-Oil (2 ml)

- Warm dose between hands, apply to face and neck and emulsify with water

Gentle Exfoliator (2 ml) leave on for 2 to 3 min. Dry, then massage with a little water to emulsify

3 min

2. ENERGISE

Reviving Marine Mist (1 ml)

- Energising Digitopressure – see technical note

33 min

3. CORRECT

Multi-Soothing Concentrate

- Facilitate absorption with light gliding strokes

Oligo-Marine Massage Cream (4 ml)

- Heart of the Ocean massage – 15 min – see technical note

Deeply Nourishing Mask or **SOS Soothing Mask** (5 ml)

Apply sparingly to the face and neck.

Marine Infusion Mask

- 110 ml of cold water + a mini-bottle of **Oligo-Mineral Lotion**
- Leave on for 15 min
- Carry out the Hand Massage - see technical note

4 min

4. REVEAL

Appropriate eye contour product (1ml)

Nutri-Soothing Cream (1 ml)

- Réveil à la Mer massage – see technical note

■ Make-up removal



1. Cleanse the eyes and mouth with **Express Make-up Remover** (1 ml).

2. Warm dose between hands, apply to face and neck and emulsify with water. Rinse thoroughly using an oshibori.



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■ Exfoliation



Take a small amount of **Gentle Exfoliator** (2 ml), warming it in the palm of your hands, and apply to the face, neck and décolleté.

1. Dry massage

2. Rub with a little water to emulsify

Rinse using a warm oshibori, then dry the face with a dry oshibori.

Leave the client under the steamer for 2 mins (optional)



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■ Heart of the Ocean Massage



3. Stretching of the arms and neck:

Your right hand smooths towards your client's hand; your left hand smooths towards her neck. When you get to her wrist and shoulder, turn her hands at right angles to finish your movement simultaneously with your fingers flat on your client's hand and beneath the nape of her neck.

Move back downwards to the crease of the elbow.
>> 3 times.

4. Stretching of the arms and mastoid:

(bone behind the ear).

Same movement but finishing on the mastoid process, using your middle finger for more pressure as needed.

5. Stretching of the upper back:

Gently place the client's arm on her stomach without losing contact and move to the other side of the treatment bed. Grasp her shoulder to turn it towards the masseur. Perform deep, alternating smoothing strokes, at right angles to the spine, on the shoulder blade and sides.

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■ Heart of the Ocean Massage



4. Mini ocean rolls on half the face:

Stay by your client's side to perform small circular movements with the pads of your index and middle fingers on the opposite side of the face, always moving the tissues upwards. Start with the forehead, then continue with the eye contour, masseter muscles and nasolabial fold.

Repeat on the other side of the face >> 3 times back/forth.

5. Palm kneading on one side of the face:

Still on the opposite side of the face with one hand, smooth the forehead with your hand flat and pointing upwards, with your other hand moving down on the masseter to massage it with the thenar eminence. Continue with the thumb on top of the masseter muscle near the eye contour. Then move down to the facial contours and neck up to the collar bone and then move back up. >> 3 times.

6. Aquatic smoothing:

Perform the same manoeuvre as the beginning of the massage. >> 3 times.

7. Marine decompression:

Place hands in a "shell" shape over the ears for a few seconds, then remove your hands gently and slowly, then slide along the towel with a lifting motion to break skin contact.

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Reveal

■ Eye contour and end-of-treatment creams



Apply 1 ml of **Appropriate eye contour product** to the eye contour and 1 ml of **Hydra-Marine 24H Gel-Cream** in light sweeping strokes to the face and neck.

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■ Réveil à la Mer Massage



1.. Sea of Sand

The movements reproduce the sound of the waves that come and go on the beach. This is a very slow and gentle movement to perform over the towel by the client's ears. 3 times. Open the towel.

2. Pressure to the shoulders 3 times

3. Rocking

Slide downwards along the arms, position your hands on top of the clients hands on the stomach, and gently rock the client so that she gradually awakes.

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Manual Techniques

1. ÉVEIL À LA MER MASSAGE

- Contact
- Breathing
- Sea of sand
- Shoulder pressures
- Trapezius pressures
- Neck pressures
- Facial contour pressures
- Eye contour pressures
- Forehead pressures
- Head pressures
- Sea of sand

2. ENERGISING DIGITOPRESSURE

- Contact
- Forehead: Governing Vessel points
- Start of the eyebrows: Bladder point
- Tip of the eyebrows: Triple Warmer point
- Temples
- Outer corner of the eye: Gallbladder point
- Lacrimal glands: Bladder point
- Wings of the nose: Large Intestine point
- Middle of the chin: Conception Vessel point
- Scalp kneading

3. HEART OF THE OCEAN MASSAGE

Massage of the décolleté, arms and trapezius muscles

- Broad relaxing smoothing
- Relaxing the trapezius
- Relaxing the trapezius, alternating
- Relaxing the trapezius in waves
- Stretching of the arms and neck
- Stretching of the arms and mastoid
- Stretching of the upper back

Repeat on the other half of the body

Facial massage

- Aquatic smoothing
- Finger kneading
- Ocean rolls on half the face
- Mini ocean rolls on half the face
- Palm kneading on half the face
- Aquatic smoothing
- Marine decompression

4. HAND MASSAGE

Part 1: Massage of the upper hand

- Comforting stroking movements
- Soothing of the arm
- Smoothing of the wrist
- Relaxing stretches
- Relaxing stretching of the fingers

Part 2: "Mirror" hand massage

- Alternating smoothing movements
- Stretching of the wrist and fingers

Part 3: Massage of the palm side

- Transition movements
- Warming kneading
- Localised kneading
- Overall kneading
- Draining movements
- Transition movements
- Big stretch
- Comforting stroking movements

5. RÉVEIL À LA MER MASSAGE

- Sea of Sand
- Shoulder pressures
- Rocking

APPENDICES – Active ingredient glossary



Phytic Acid from Rice

ORIGIN	ACTIONS
<ul style="list-style-type: none"> Plant origin: extraction in a water-based environment using rice 	<ul style="list-style-type: none"> Phytic acid destabilises the intercellular bonds of the cells on the surface of the epidermis, which causes them to peel. It's large molecular structure (8 times bigger than glycolic acid) prevents it from penetrating into the skin and causing irritation.



Alginates

ORIGIN	ACTIONS
<ul style="list-style-type: none"> Plant / marine algae origin: polysaccharide extracted from the cell walls of brown algae 	<ul style="list-style-type: none"> Film-forming effect Preserves skin hydration Limits transepidermal water loss



Allantoin

ORIGIN	ACTIONS
<ul style="list-style-type: none"> Synthetic Origin: small nitrogenous molecule 	<ul style="list-style-type: none"> Moisturising and softening Soothing and effective against tightness Restorative



Aloe Vera

ORIGIN	ACTIONS
<ul style="list-style-type: none"> Plant origin: plant rich in oil whose mucilaginous gel is extracted 	<ul style="list-style-type: none"> Moisturising thanks to its ability to form films and high sugar content



Sichuan pepper extract

ORIGIN	ACTIONS
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- Plant origin: Sichuan peppercorn concentrate oily extract
- Relaxing thanks to the presence of molecules that scramble sensory signals in the skin, leaving skin relaxed



Witch hazel extract

ORIGIN	ACTIONS
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- Plant origin
- Tightens pores through the astringent action of its tannins



Encapsulated borage oil

ORIGIN	ACTIONS
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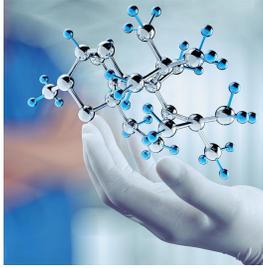
- Plant and synthetic origin (microcapsules)
- On application, the microcapsules will burst, thus releasing borage oil and its dermo-restructuring polyunsaturated fatty acids, which will infuse into the upper layers of the epidermis



Wheat germ oil

ORIGIN	ACTIONS
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- Plant Origin: obtained from the most nutrient-rich component of wheat
- Lipid-replenishing
- Strengthens the skin barrier
- Protects from dehydration
- Nourishing



Biomimetic lipopeptide

ORIGIN	ACTIONS
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- Synthetic origin: the peptide mimics a soothing peptide fragment naturally present in the skin
- Prevents tightness, itching and diffuse redness



Organic white lupin

ORIGIN	ACTIONS
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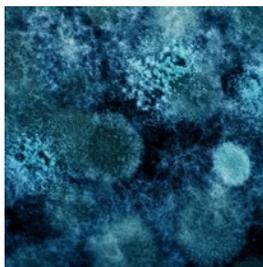
- Plant origin
- Stimulates the synthesis of major epidermal lipids and structural proteins, ensuring good structure/functioning of the stratum corneum, thus limiting water loss and the penetration of stressors.
- Restores the skin barrier



Jojoba Oil Microspheres

ORIGIN	ACTIONS
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- Plant origin
- Mechanical exfoliation without causing irritation to the epidermis



27 Poly-revitalising nutrients

ORIGIN	ACTIONS
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- Natural (mineral & plant-based) 8 minerals and trace elements + 18 amino acids + 1 organic molecule (gluconate)
- Nourish and remineralise the epidermis



Provitamin B5

ORIGIN	ACTIONS
<ul style="list-style-type: none">▪ Synthetic origin	<ul style="list-style-type: none">▪ Repairs, strengthens and coats lashes to encourage their growth



Lipodispersible technology

ORIGIN	ACTIONS
<ul style="list-style-type: none">▪ Plant origin	<ul style="list-style-type: none">▪ Effectively dissolves all kinds of waterproof make-up and impurities



Plant oil trio

ORIGIN	ACTIONS
<ul style="list-style-type: none">▪ Plant origin: Sunflower, Buriti and Sweet Almond oils	<ul style="list-style-type: none">▪ Hydrate and soften the skin

APPENDICES – Contraindications

PARTICULARITIES TIME PERIODS AND PRECAUTIONS TO BE RESPECTED

Recent surgical intervention
Wait until it has completely healed or you have received advice from the doctor

Facelift
Wait 8 years or for a doctor's advice (to detect whether someone has had a facelift, look and feel: in front of/behind the ears, eyelid crease)

Injections: Restylane / Collagen / Botox / Hyaluronic Acid, etc.
Wait 1 month + request a doctor's advice according to the type of injection (to detect whether someone has had injections, look and feel: Nasolabial folds, cheeks, lips, forehead, eyelids)

Microdermabrasion
No treatment for 3 days (to detect whether someone has had microdermabrasion, look at and feel the smoothness of the skin, and check if there is any redness)

U.V., facial hair removal
Wait 24 to 48 hrs

Plate, metal pin, facial paralysis
Do not proceed

Serious illness (cancer or other illness) and/or progressive disease
On medical advice only

Person with epilepsy
On medical advice only

Open or recent wounds or scars dating from less than 2 months, lesions of all kinds (irritation, sunburn, etc.)
Wait until it has completely healed or you have received advice from the doctor

Chronic skin diseases (eczema, psoriasis, urticaria)
or pigmented solar keratoses (thick and progressive)
On medical advice only



Notes





Let the sea
empower
your beauty

THALGO
LA BEAUTÉ MARINE

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